

Derby

Tuesday, 21 August, 2007

10am – 3.00pm

11 participants

This consultation was part of a state wide consultation process to inform the development of a State Suicide Prevention Plan. Participants were also invited to make individual submissions to the Ministerial Council for Suicide Prevention at www.mcsp.org.au.

ORGANISATIONS REPRESENTED

- DAHS – Social, Emotional Wellbeing
- DAHS/St John of God
- FACSIA – ICC
- Garl Garl Walbu
- Kimberley Development Commission
- KPHU
- Mowanjum Aboriginal Group
- WACHS
- Department for Child Protection
- Derby Health Service

PRESENTATIONS

Approaches to suicide prevention.

Brief overview of state trends, and how we compare locally.

Presented by Sven Silburn, Chair, Ministerial Council for Suicide Prevention.

The Five Key Areas of the Plan.

Shawn Phillips Executive Officer, Ministerial Council for Suicide Prevention.

SMALL GROUP DISCUSSION

Group Exercise

Participants were asked to place dots: if we could only pursue 2 of these areas, which would they be. (Number in brackets is number of dots placed on each area 'votes')

1. Promote professional community and consumer understanding of suicide, its link with mental health and effective strategies for prevention. **(n=1)**
2. Strengthen prevention, promotion and early intervention in mental health

- and suicide prevention. **(n=2)**
3. Build Community capacity for suicide prevention. **(n=5)**
 4. Support planning within and between government and community sector agencies for suicide prevention. **(n=0)**
 5. Build partnerships, professional and community capacity to address the high-rate of suicide among Indigenous West Australians. **(n=6)**

Participants asked to put an X if they thought any of the key areas are wrong or unnecessary. No x's were placed on the sheet.

What are particular factors that may be contributing to suicide risk and protection in this region?

Participants were asked in small groups.

Group 1

Local Risk Factors	Protective Factors
Boredom	Good community understanding of the issue
Alcohol/Drugs	Having mates looking out for you
Witnessing Family Violence/Experiencing	Having key people in the community/mentors
Copy Cat – seen as the “Norm”	Having good recreational/clubs/facilities Addressing boredom *
Unresolved Grief	Getting back to country & particularly young kids in school holidays.
Untreated/undiagnosed illness	
Lonely/Hopelessness/Helplessness	
Lack of Community, Education Awareness	
Lack of <u>Resources</u> (\$) - give us more people on the ground	

Group 2

Local Risk Factors	Protective Factors
Media influence – aspiring for out of reach ideals	Awareness increasing of Social /Emotional Wellbeing
AH support – lack	Key figures/mentors/leaders
Sense of hopelessness, lack of control/power	Sport icons – programs

Learnt hopelessness	Strong women
Breakdown of cultural and family values and structures	Youth programs – school, youth centre, Jayida Burru, Garduwa
3 generations of breakdown of family & culture	Interagency support
Poverty – systemic	
* Male position in society/family	
Male status and role is diminished community	

WHAT'S ALREADY HAPPENING..... (Derby 21)

1. Live Life, Stay Solid Program – Kimberley Aboriginal Medical Health Plan Kimberley Wide.
2. Kimberley wide Healthier Lifestyle Initiatives
 - Health for Life (Program Name)
 - Protective Behaviours (Schools)
3. Gatekeeper Program
4. Head Space
5. Resource for Adolescence Program (RAF) – Schools
6. Youth Counsellor Program –(People trained to council the youth)
7. Youth Leadership – Garduawa
8. Yirriman – Youth Cultural Program connecting young with elder on country (fire management, land management)
9. Jalmadamga – Youth Governance training (non-certificate)
10. Local Shire –
 - Councillor sitting on committees
 - Shire provide community grants
11. Community involvement with liquor accord/liquor laws
 - Sale time – 12 pm open
 - Beer type – after 8 pm (light only)
12. Grog Yarning – DAHS
13. Women Yarning – MBD –
 - Marmin Bowra
 - Dumbara Women’s Centre
14. Derby Men’s Service
15. Strong Women, Strong Baby, Strong Culture – DAHS/St John of God
16. Derby Attendance Forum – ‘Connecting Kids’ – brand name.

JAYIDA BURRU FAMILY VIOLENCE AND ABUSE PREVENTION FORUM

17. Celebrity Endorser Program involves peak organisations –
 - Wirrapunda Foundation

- James Crawford
- 18. Croc Fest
- 19. Sporting Clubs
- 20. Education
- 21. Local Employment
- 22. ASTEC – Koolan Island
- 23. Mining Industry initiatives –
 - Training
 - Jobs

2.1 What more needs to happen?

Open discussion about current issues

1. Executive Support to Jayida Burru
2. Fastrack Funding Process
3. Recurrent Funding rather than year by year **(N=5)**
4. Political support to make change
5. Broadbanding concept rather than a number of individual actions.
6. Accommodation **(N=4)**
 - Youth – Hostel
 - Men's Centre – to run program
 - Men's Place
7. Staff – need to consider staff housing policy
 - Local
 - People coming in
8. Mother giving birth
9. Diabetes – bringing people to town
10. Collaboration between entities to ensure set-up and maintenance **(N=3)**
 - Apprenticeship programs
 - Traineeships
11. In a range of vocations **(N=2)**
 - Chefs
 - Tourism
 - Admin
 - Mechanics
 - Plumbers
 - Electricians
12. Role of sporting clubs – inviting involvement
13. Scope for more of Yirriman
14. Beyond Empathy – Program using creative arts with youth.
15. Need for local champions of opportunities **(N=5)**

WHERE TO FROM HERE?

This report is the next stage in the process. Please let us know if we have missed anything important.

There will also be a summary document prepared of the whole consultation process and a draft plan, both of which will be circulated to participants at these consultation forums.

Individual written feedback is welcome at www.mcsp.org.au. All written feedback is to be submitted before 31 August 2007.

Closed 3.00pm.